

American Lung Association: Freedom from Smoking



CITY OF BERKELEY is offering FREE stop smoking sessions!

Ready to quit smoking? We can help you! If you are a smoker and are ready to take action for a tobacco free life, please join us for our **FREE** quit smoking session series!

Thursday 3:00pm-5:00pm: 1/15/15 - 2/26/15 (8 sessions)

Location site available upon request.

For more information or to register, call:

Phone (510) 981-5330 Email: quitnow@cityofberkeley.info